



## Getting started with oracy

### Transcription: Video 3

#### Interviewee

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#### Let's talk about listening

I think there's an idea that some people are just good at speaking, Some people are just good listeners. But being a listener, being a good active listener is a skill like any other skill that you might develop in any other subject or any area of your life. And we can engage in the conscious building of that skill.

It might be that you make a point once a day of really engaging in active listening, showing the person that you're talking to, that you are really deeply listening to them by restating, by engaging with their emotions, by summarising their thoughts and ideas. We're not looking to show deep, active listening in every single conversation of every day. That would be exhausting and unnecessary, but it is something that we can gradually build. And by engaging in building that skill ourselves, we truly see it as a buildable skill, we understand better how to build it, and therefore we understand better how to support our learners in developing that skill.